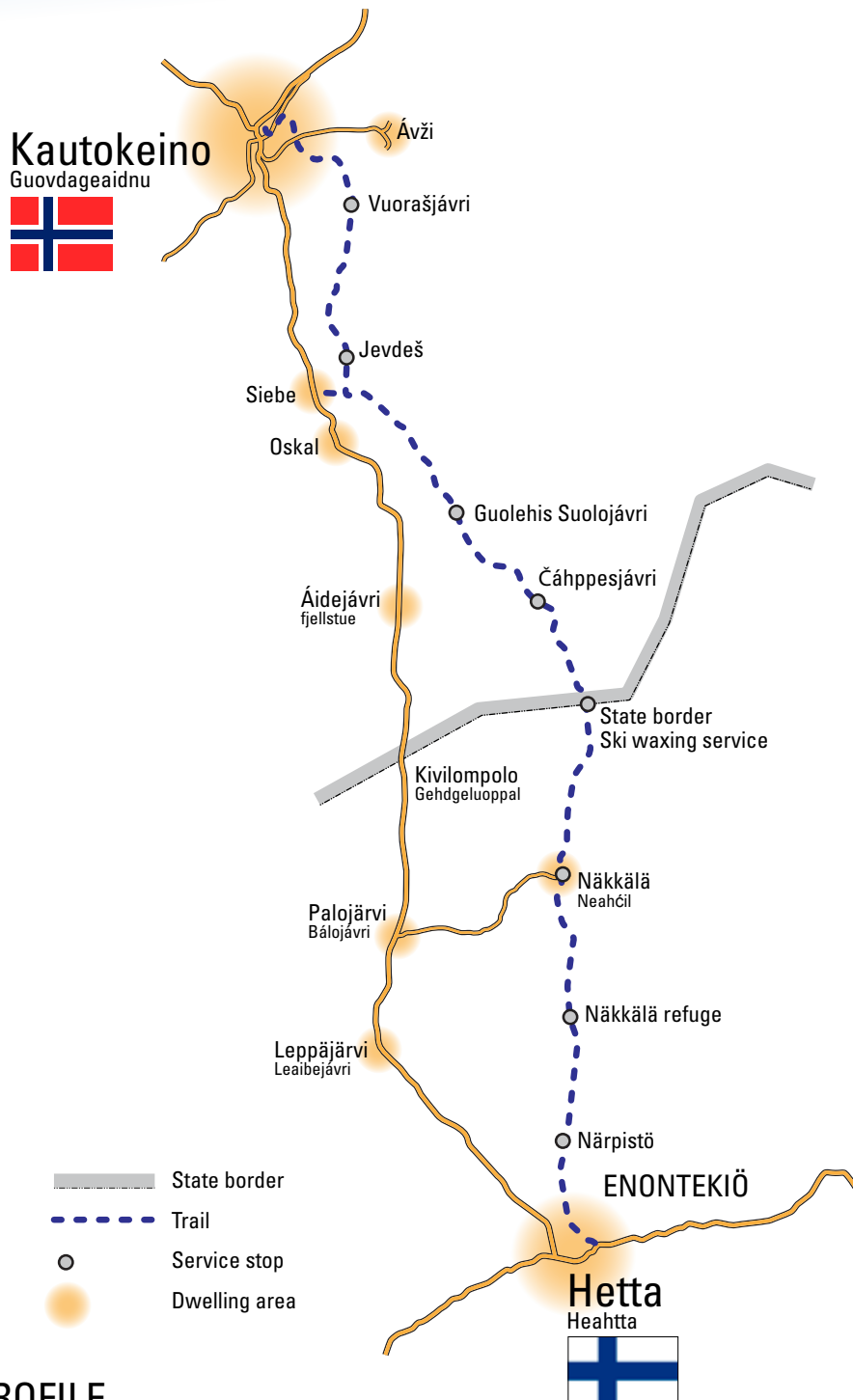
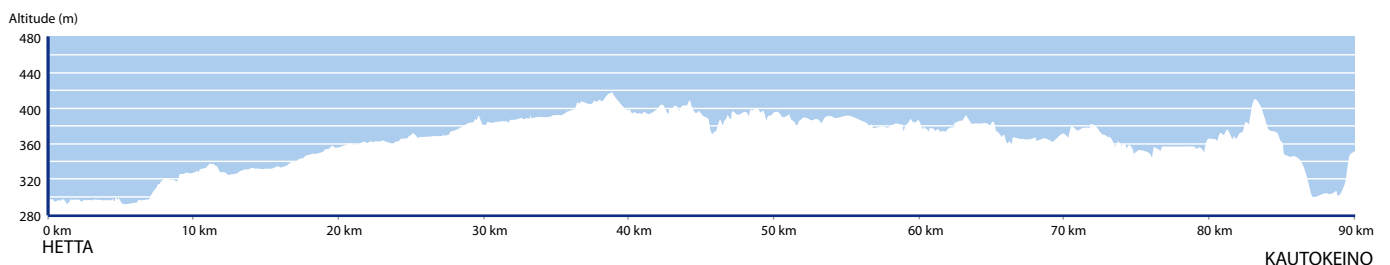


SAAMI SKI RACE

COURSE MAP



COURSE PROFILE



SECURITY AND EMERGENCY SITUATIONS

We recommend that every skier carries a cell phone during the race. The cell phone network covers the course area. The **general emergency number in Finland is 112 and in Norway it is 113**. While skiing, please follow the kilometer posts. It helps you to locate where you are. There is a crew from Red Cross and a doctor following the skiers in Finland. You can reach them from +358 40 513 6524. In Norway you can reach Red Cross from +47 913 38 658 / +88 162 143 8995.

You can get first aid also from every service stop. Don't overestimate your physical fitness! If you feel that you should give up the race, please report yourself either to Red Cross or to a service stop.

Service Stops

1. Närpistö:	lat 68.45078	lon 23.58280
2. Näkkälä refuge:	lat 68.50999	lon 23.61897
3. Näkkälä:	lat 68.59174	lon 23.57576
4. Kaamus lake, border:	lat 68.70185	lon 23.61133
5. Čáhpesjávri:	lat 68.77000	lon 23.51549
6. Guolehis Suolojávri:	lat 68.83180	lon 23.34195
7. Jevdeš:	lat 68.88278	lon 23.21114
8. Vuorašjávri:	lat 68.98350	lon 23.19325

In Emergency Situation



Stay calm
Call **112 in Finland**
and **113 in Norway**.

Tell what has happened and where you are.
Wait until the rescuers arrive!



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